

Checklist for sample management

1

Before the collection

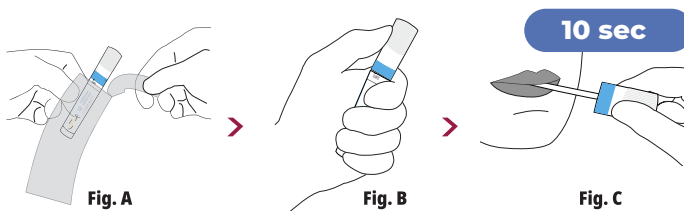
Documents to include in the box containing the sample:

- **Test requisition form filled out in all its parts**
- **Informed consent filled out in all its parts**

2.1

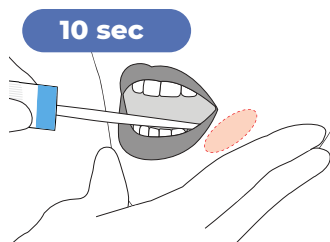
Open the envelope. Hold the plastic tube with one hand and, using your thumb, push the top of the cap to facilitate opening (Fig.B).

Insert the swab in the mouth, above the tongue, and moisten it with saliva. Close your mouth and hold the swab in place for 10 seconds (Fig. C).



2.3

Repeat step 2.2 on the opposite side of the oral cavity.



2

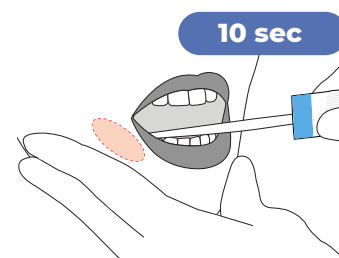
Sample collection

Wear gloves before collecting the sample. Do not eat, drink (except water), smoke, brush teeth or chew gum in the hour before taking the sample.

2.2

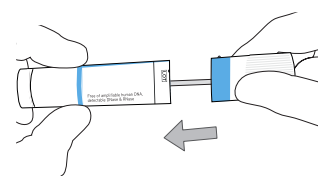
To improve sampling, press the swab against the inside of the cheek with your index and middle fingers.

Move the swab on one side of the oral cavity and rub the swab inside your cheek 10 times, between the cheek and the gum tissue



2.4

After sampling, reinsert the swab into the plastic tube and close it tightly. REPEAT the steps for both buccal swabs provided in the kit and insert them into the supplied bag.





3

Before the sample shipping

Labeling of test tubes with patient data

- Patient First and Last Name
- Patient Date of Birth
- Date and hour of the collection

and insert them into the provided bag

5

Shipping

Preparation of the box and pick up

- Place the documents previously filled in (see step 1) and the sample into the box
- Place the box in the courier envelope (supplied) and seal
- To arrange the pick-up, please write an e-mail to: logistica@laboratorigenoma.it, specifying your name, surname, complete pick-up location, date and time slot for the pick-up (minimum 3 hours), telephone number.

4

Shipment preparation

Place the bag containing the swabs into the shipping box

- Store and then ship the sample at room temperature
- Ship the sample as soon as possible

- Place the consignment note in the transparent envelope on the courier envelope and check that it is tightly sealed.
- Wait for the sample to be picked up during the time slots indicated

Receive an e-mail to download the report 10-20 working days after the sample arrives at the laboratory